

STAR Pre-Plan Patient Program

(Special Needs Tracking and Awareness Response)

The STAR Pre-Plan system is designed to help coordinate care for special needs patients who may require responses from local Emergency Medical Services (EMS) providers. The goal is to have pertinent information in the hands of medical professionals before they even arrive at the patient's side. This way they can provide the care needed immediately and skillfully. This ultimately helps decrease anxiety and painful, unnecessary measures and achieve better outcomes.

Patients who may be most appropriate for this system include:



- Children with congenital cardiac defects that require specific oxygen levels
- Children with Do Not Resuscitate (DNR) orders
- Adults and children who are technology dependent (continuous medication infusions, Left Ventricular Assist Devices, Ventilator dependent, etc.)
- Adults and children who have abnormal physiology
- Adults and children who require special medications / treatment during emergency situations (steroids in adrenal crisis, metabolic disease requiring constant infusions, etc.)

Who does NOT need to be enrolled in this system?

- Patients with severe diseases which are treated with typical medications and procedures
 - Patients with severe refractory seizures
 - Severe lung disease
 - Adult patients with DNR orders
 - Severe mental retardation
- Patients who will not require any special pre-hospital treatments
- Patients with severe substance use disorders



How the STAR Pre-plan System works

Medical providers in the community have been given program information as well as Emergency Information Sheets. The medical provider will work with patients and families to identify those who may benefit from this program. If the provider feels the patient is appropriate, they will send a sign up packet to the Mesa County EMS Coordinator, who will act as the STAR program coordinator. The Coordinator will work with the Mesa County EMS medical director to ensure the patient has special needs which require a pre-plan. If no pre-plan is needed, the EMS medical director will contact the medical provider for any further questions. If a pre-plan is needed and a patient is accepted into the program, the coordinator will contact the medical provider, the patient and their family, as well as the local EMS agency where the patient lives in order to coordinate contact. The patient will be assigned a STAR number and dispatch will be notified and the residence flagged as a STAR residence. The patient's family will also be able to call 911 and relay the STAR number as emergencies don't always happen at home. A laminated card with the STAR number and medical pre-plan will be made and put onto every ambulance in Mesa County. The Coordinator and local EMS agency will make **annual contact** with patients, families, and physicians to update the plan. Families and medical providers will be encouraged to provide any significant changes to the pre-plan as needed to the EMS Coordinator.

How do you obtain an enrollment form?

Go to the Mesa County EMS Website at ems.mesacounty.us

On the left side look for "STAR Program" and click on it

You will be directed to a fillable PDF form to save and e-mail or fax to the Mesa County EMS Coordinator

What if I have other questions?

Contact the Mesa County EMS coordinator or the Mesa County EMS Medical Director. Contact information for both is found on the Mesa County EMS Website, or call (970) 255-5078.